

Number	Christian Name	Surname	Pred/Hand	Est 7.2km	Start Time
13	Gareth	Wilkes	2517	0:41:57	0:00:20
11	Ben	Kirkby	2118	0:35:18	0:06:59
2	Gemma	Hargraves	1733	0:28:53	0:13:24
17	Danny	Carroll	1847	0:30:47	0:11:31
3	Karen	Galpin	1969	0:32:49	0:09:28
5	Richard	Birch	1691	0:28:11	0:14:06
16	Miranda	Foster	2040	0:34:00	0:08:17
7	Jane	Birch	2537	0:42:17	0:00:00
19	Deborah	Elliot	2309	0:38:29	0:03:48
6	Eleanor	Laney	1744	0:29:04	0:13:13
18	Gary	Farquarson	1789	0:29:49	0:12:28
9	Martin	Thomas	1813	0:30:13	0:12:04
10	Sandra	Stuart	2459	0:40:59	0:01:18
12	Sam	Wizard	2068	0:34:28	0:07:49
14	Sue	Monaghan	2302	0:38:22	0:03:55
15	Catherine	Mason	2308	0:38:28	0:03:49
20	Hayley	Woolnough	2108	0:35:08	0:07:09
4	Steve	Wallbridge	1981	0:33:01	0:09:16
8	Tim	Sluman	2118	0:35:18	0:06:59
1	Darren	Lewington	2502	0:41:42	0:00:35

Handicap Race Time				
Min	Sec	Rank	Points	Penalties
49	36	1	50	25
50	6	2	49	20
50	16	3	48	15
50	58	4	47	10
51	0	5	46	5
51	22	6	45	
51	28	7	44	
51	45	8	43	
51	54	9	42	
52	43	10	41	
52	45	11	40	
53	4	12	39	
53	20	13	38	
53	40	14	37	
54	35	15	36	
55	58	16	35	
59	22	17	34	
59	23	18	33	
		DNF	32	1
		DNF	31	1

TOTAL TIME	Est. 7.2km (sec)	Est. 7.2km (real)	Handicap	REAL TIME (sec)	REAL TIME (real)	Difference
2976	2517	0:41:57	20	2470	0:41:10	-47
3006	2118	0:35:18	419	2101	0:35:01	-17
3016	1733	0:28:53	804	1726	0:28:46	-7
3058	1847	0:30:47	691	1882	0:31:22	35
3060	1969	0:32:49	568	2006	0:33:26	37
3082	1691	0:28:11	846	1750	0:29:10	59
3088	2040	0:34:00	497	2105	0:35:05	65
3105	2537	0:42:17	0	2619	0:43:39	82
3114	2309	0:38:29	228	2400	0:40:00	91
3163	1744	0:29:04	793	1884	0:31:24	140
3165	1789	0:29:49	748	1931	0:32:11	142
3184	1813	0:30:13	724	1974	0:32:54	161
3200	2459	0:40:59	78	2636	0:43:56	177
3220	2068	0:34:28	469	2265	0:37:45	197
3275	2302	0:38:22	235	2554	0:42:34	252
3358	2308	0:38:28	229	2643	0:44:03	335
3562	2108	0:35:08	429	2647	0:44:07	539
3563	1981	0:33:01	556	2521	0:42:01	540
0	2118	0:35:18	419	-905	#####	-3023
0	2502	0:41:42	35	-521	#####	-3023

**Notes:**

- Est 7.2km Your predicted OR fastest time for the race
- Start Time The time you start (in min/sec) the race AFTER the 1st starter
- TOTAL TIME Your total time for the race (including handicap)
- Handicap Number of seconds you start after the 1st starter
- REAL TIME (sec) (real) Your ACTUAL time it took to complete the race
- Difference Difference between estimated/fastest time & your actual time for that race

**\*\*Handicap Race Times are 8min 6sec Higher than actual\*\***